

Cadeynta caafimaadka - Talaalka covid-19

Cadeynta caafimaadka u buuxi qof kasta iyo dawska, waxay khuseysaa dadka 18 sanno jirka ah iyo waxa ka weyn.

Magaca:	Lambarka shakhsiga:
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Taariikhda talaalka: _____

Tallaalkaaga covid-19 ka hor ayaanu kaa codsaneynaa inaad ka jawaabto su'aalaha soo socda:

	HAA	MAYA
1. Miyaad adigu weligaa si xun uga falcelisay ka dib marka tallaalka lagu siiyey, oo aad daryeel caafimaad u baahatay?		
2. Miyaad adigu leedahay xasaasiyad taas oo aad mar si xun uga falcelisay oo aad daryeel caafimaad u baahatay?		
3. Miyaad si dhibyar ugu dhiig baxdaa, taas oo ay u sabab tahay cudur ama daawo?		
4. Miyaad adigu lagaa talaalay wax aan talaalka covid-19 aheyn 7 kii maalmood ee ugu danbeeyey?		
5. Miyaad caabuqa/infegshanka dhiiga qabtaa?		
6. Miyaad uur leedahay?		

Waxa buuxinaaya rugta talaalka bixineysa.

Magaca talaalka covid-19:	Dowska 1			
Lambarka dufcada/tirada:				
Gacanta	Gacanta	Haddi meel kale laga siiyo:		
Wixii faalo ah:				
Magaca qofka talaalka bixinaaya:			Saxeexa:	
Daryeel bixiyaha:		Rugta caafimaadka/waaxda		
Ka diiwaangashan Mitt				